



The Bridge Counseling Center
Personal Data Inventory

Personal Identification

Name: _____ Birth Date: _____

Address: _____ Zip Code: _____

Age: _____ Sex: _____ Referred By: _____

Marital Status: Single: _____ Engaged: _____ Married: _____ Separated: _____ Divorced:

_____ Widowed: _____

Education (last year completed): _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email: _____

Employer: _____ Position: _____ Years: _____

Marriage and Family

Spouse: _____ Birth Date: _____

Age: _____ Occupation: _____ How Long Employed: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Date of Marriage: _____ Length of Dating: _____

Give a brief statement of circumstances of meeting and dating: _____

Have either of you been previously married? _____ To Whom: _____

Have you ever been separated? _____ Filed for divorce? _____

Information about Children:

Name: _____ Age: _____ Sex: _____ Living: _____ Year Ed.: _____ Step-Child: _____

Describe relationship to your father: _____

Describe relationship to your mother: _____

Number of sibling(s): _____ Your sibling order: _____

Did you live with anyone other than parents? _____

Are your parents living? _____ Do they live locally? _____

Health

Describe your health: _____

Do you have any chronic conditions? _____ What: _____

List important illnesses and injuries or handicaps: _____

Date of last medical exam: _____ Report: _____

Physician's name and address: _____

Current medication(s) and dosage: _____

Have you ever-used drugs for anything other than medical purposes? _____

If yes, please explain: _____

Have you ever been arrested? _____ Do you drink alcoholic beverages? _____ If so,

how frequently and how much? _____

Do you drink coffee? _____ How much? _____ Other caffeine drinks? _____ How much? _____

Do you smoke? _____ What: _____ Frequency: _____

Have you ever had interpersonal problems on the job? _____

Have you ever had a severe emotional upset? _____ If yes, please explain: _____

Have you ever seen a psychiatrist or counselor? _____ If yes, please explain: _____

Spiritual

Denominational preference? _____

Church attending? _____ Member? _____

Church attendance per month (circle): 0 1 2 3 4 5 6 7 8+ Do you believe in God? _____

Do you pray? _____ Would you say that you are a Christian? _____, Or still in the process of becoming a Christian? _____

Have you ever been baptized? _____

How often do you read the Bible? Never: _____ Occasionally: _____ Often: _____ Daily: _____

Explain any recent changes in your religious life: _____

Women Only

Have you had any menstrual difficulties? _____ If you experience tension, tendency to cry, other symptoms prior to your cycle, please explain: _____

Is your husband willing to come for counseling? _____ Is he in favor of your coming? _____ If no, please explain: _____

Problem Check List (check all that apply)

____ Anger ____ Depression ____ Loneliness ____ Anxiety ____ Drunkenness ____ Lust
____ Apathy ____ Envy ____ Memory ____ Appetite ____ Fear ____ Moodiness ____ Bitterness
____ Finances ____ Perfectionism ____ Change in lifestyle ____ Gluttony ____ Rebellion
____ Children ____ Guilt ____ Sex ____ Communication ____ Health ____ Sleep ____ Conflict
(fights) ____ Homosexuality ____ Wife abuse ____ Deception ____ Impotence ____ A Vice ____
Decision Making ____ In-laws ____ Other

Briefly Answer The Following Questions

What is your problem (what brings you here)?

What have you done about the problem?

What are your expectations from counseling?

Is there any other information that we should know?